

Slip knot binding is used to join single sheets into a book. While we are using large holes, and thick thread for our demo, smaller holes and finer bookbinding thread is easily substituted.

One benefit of this style of binding is that the resulting book pages lie completely flat on opening.

This demo is designed as a way for you to learn slip knot binding. We will be using oversized holes, and oversized thread to make the process easier to see and to execute.

If you would like to follow along as I demonstrate this binding stitch, have ready BEFORE the class:
5 pieces of cardstock or heavier paper, cut 4 x 5 inches (used file folders would work well)

Label the front and back of the sheets:

- 1) Front Cover, and on the other side, Inside Front Cover
- 2) Page One, and on the other side, Back of Page One
- 3) Page Two, and on the other side, Back of Page Two
- 4) Page Three, and on the other side, Back of Page Three
- 5) Inside of Back Cover, and on the other side, Back Cover

Punch three holes in each sheet, using a 1/4-inch hole punch.

See example below for placement of the holes.

If you don't have a 1/4-inch hole punch, you can poke holes with another tool, HOWEVER, make the holes about 1/4-inch in diameter.

3 pieces heavy thread or light weight string, cut 15 inches long each

Optional: beeswax to coat thread if it isn't already waxed

Hole placement:

